

Merton Borough Sportshall Athletics Championships

On Tuesday 12th February 8 girls from Year 7 were selected to represent the school in the Merton Borough Sportshall Athletics Championships, held at Wimbledon College.

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| - Lois Whitelegg | - Mollie Sewell |
| - Riyan Setti | - Jessica Brett |
| - Phoebe Richards | - Louise Duncan |
| - Amelia Thompson | - Beatrice Fitzmaurice |

Sportshall athletics is an indoor athletics competition which involves running, throwing and jumping events (as with outdoor athletics) but all the events are adapted to take place indoors (for example standing long jump, standing triple). The girls had been practising the events over the last few weeks and were ready and raring to go for the competition.

Each of the girls was allowed to compete in a maximum of three track and two field events which meant it was a busy evening for them all. Competition against the other schools was tough and it was obvious that all schools had been training hard for the event.

First up were the field events which included speed bounce, shot putt, standing long jump, standing triple jump and vertical jump. The girls were racking up the points in each event and it was great to see them coaching and encouraging each other throughout the competition in attempt to get those extra centimetres in their jumps and throws.

After all the field events were completed the action moved onto the track races which were the most exciting part of the competition! The track events included individual 2 lap, 4 lap and 6 lap races followed by 2 relays.

The noise was deafening during the track events as the supporters cheered for their team mates. The girls did exceptionally well in all the races, especially the 8 lap Paarlauf relay as Riyan and Lois finished first! A fantastic team effort!

It was a nerve racking wait for the girls as the results got added up, no team knowing what position they had finished in. The girls were ecstatic when they were announced in third place! A fantastic result and they all received a well-deserved bronze medal!

Well done to all the girls who took part. It is fantastic achievement to be selected to represent the school and to finish third in the Borough is a result of great team work!



Lois during the vertical jump



Riyan taking the win in the 8 lap Paarlauf relay



Perfect baton changing in the relay



Bronze medal winners!!!